

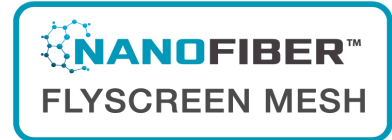
# POLLEN CALENDAR\*



**POLLENGUARD**<sup>TM</sup>  
breathe with ease

DARWIN, NORTHERN TERRITORY

**STOPS**  
**99%**  
OF POLLEN & DUST



	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Arecaceae (Palms)			mild	high	high	high	high	high	high	high	high	mild
Casuarina (Sheoak)						mild	high	high	high	high	mild	
Urticaceae (Nettle)					mild	high	high	mild				
Acacia (Wattle)				mild	high	high	high	mild				
Myrtaceae (Gum trees, Bottlebrush)	mild	high	high	high	high	high	high	high	high	high	mild	
Chenopodiaceae (Salt bush)					high	high	high	high	mild			
Cyperaceae (Sedge)	mild	high	high	high	high	high	mild					
Asteraceae (Daisy)			mild	high	high	high	high	mild				
Cupressaceae (Cypress pine)	high	mild							mild	high	high	high
Pinus (Pine trees)						mild	high	high	mild			
Poaceae (Grass)	mild	high	high	high	high	high	high	high	high	high	high	mild
Plantago (Plantain)												
Ulmus (Elm)												
Salix (Willow)												
Rumex (Docks, Sorrels)												
Quercus (Oak)												
Oleaceae (Olive, Ash, Privet)												
Alnus (Alder)												
Betula (Birch)												
Coprosma (Mirror bush)												

\*source [www.researchgate.net](http://www.researchgate.net)